










Week 1: Theme 'Out of Africa'

Some activities for you to complete this week alongside English, Maths, Phonics & Guided Reading

<p>PSHE - Jigsaw</p> <p>This term in Jigsaw we are thinking about how to keep ourselves healthy and one of the ways we do that is by eating healthy food. Watch the following clip to help you think about this:- https://www.bbc.co.uk/teach/class-clips-video/science-ks1-keeping-my-body-healthy/zk4dwty</p> <p>Now have a go at creating your own healthy meal. Remember to include fruit and vegetables! You can complete this on paper and send a photo in or you can complete the activity set for you on purple mash. Have fun making your own healthy meal!</p> 	<p>Science</p> <p>Living Things: how do we know something is alive? Take part in the lesson below: https://teachers.thenational.academy/lessons/what-is-a-living-thing-70t3ae</p> <p>Make a poster of the 5 features of a living thing. How will you organise your poster?</p>  <p>Complete on Purple Mash or on paper and send in via 2email.</p>
<p>Active Time</p> <p>Your challenge this week is to get outside and go on a hunt to find living things! Can you make a list? Perhaps each day you can add to your list during your daily exercise.</p> <p>Gymnastics Sequence video: join in with this lesson. Find a space on the carpet, put on some comfy clothes and get your water bottle ready. https://teachers.thenational.academy/lessons/an-introduction-to-basic-balance-ccwk2d</p>  <p>Don't forget to continue to try and visit Joe Wicks and his PE workouts on Monday, Wednesday and Friday. You can find them at the following website: The Body Coach TV - YouTube</p>	<p>Geography</p> <p>Let's explore the 7 Continents! Join in with the lesson below: https://teachers.thenational.academy/lessons/what-is-a-continent-c9k32d</p> <p>Now print off the "world map cut and stick activity" on the website and label each continent. Hang this in your bedroom and see if you can learn a continent's location each night. By the end of the week you can learn them all!</p> <p>Join in with this fun song to help you recall the continents: https://www.youtube.com/watch?v=K6DSMZ8b3LE&vl=en</p> 

<p>RE</p>  <p>This term in RE we are learning about the festival of Easter and why it is important to Christians. Easter is a time when Christians think about two very important words: incarnation and salvation. Do you know what these two words mean? Incarnation is about Jesus coming to live with people as a person but still being God. Salvation is what Christians believe Jesus did by dying on the cross- he saved people from the things they do wrong. Watch the following clip to help you understand why Easter is so important to Christians:- Religious Studies KS1: The Christian Story of Easter - BBC Teach Can you create your own poster about the Easter story? You need to include what happens to Jesus in the story. I wonder if you can complete the activity set for you on purple mash or you can complete the activity on paper and send a photo of your work if you wish.</p>	<p>ICT</p> <p>Use the next two weeks to create your own story using “2Create A Story” on Purple Mash about anything you like... a brave lion? A superhero? A unicorn? Add different backgrounds, animations and sound effects. We cannot wait to read your adventures!</p> 
<p>Art</p>	<p>Dance</p> <p>Join in to learn an African dance. Feel the rhythm by clapping or tapping along and making large arm movements. Perhaps you can ask family members to join with you to learn it together.</p> <p>https://www.bbc.co.uk/bitesize/clips/zn6d7ty</p> 
<p>To be ready to go on safari can you make your own set of binoculars in order to spot the African animals more closely? Send us a photo via email to show us your designs!</p> <p><u>You will need:</u> 2 toilet paper rolls or a paper towel roll cut in half, string or ribbon, scissors, glue, strong tape and decorations such as green leaves and coloured paper. Watch this video to help you: https://www.youtube.com/watch?v=HABNrKCXhWc</p> 	<p>Talk Time</p> <p>It's important to try and spend some time talking to people at home, ideally around the dinner table. Discuss the following:</p> <p>If you could be any African animal what would you be and why?</p>  <p>Over dinnertime, share one thing you are thankful for and why. You could do it daily and make a Thankful Jar with everyone in your family joining in.</p> 